

Edition 9  
June  
2024

# PE Curriculum Newsletter YEAR 12

# Curriculum Intent

A high-quality Physical Education curriculum inspires all students to participate in a broad and balanced curriculum.

# Assessment Points

## Immerse Yourself



Through OCR, the students have access to a range of past papers and mark schemes to practice their exam technique.

- Revision videos
- OCR endorsed text book, such as A Level PE Book 1 and 2 by Honeybourne and Powell
- Google Classroom resources from lessons

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with your studies. Click on the icon below to start!

PE

# Praise and Reward

Our rewards system can be broadly split into four categories: classroom level, subject level, school level and privilege rewards. We'll focus on classroom and subject rewards here - for more information about our rewards schemes, please see our website.

Awarded for: working hard, taking risks and rising to a challenge, making mistakes and learning from them, helping others, and taking pride in the school community.

Rewarded by: praise postcards, positive phone calls to parents/carers, positive text messages home, and lesson based prizes.

Reward scheme: Star of the Week, Curriculum Awards (Subject/School Way, Participation, Working with Pride, Embracing the Whole Curriculum), High Flyer, Extra Mile, Most Improved.

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Year 12 have many opportunities to get involved in broadening their horizons in sport, they can prepare for exams by using online revision tools and YouTube videos going through the content with sporting examples that the students can re-watch independently.

They can also looking for future opportunities when they move on from sixth form, such as career and/or university options.



## University of Leeds - NHS Sports Volunteering

NHS sports volunteering project sees students deployed to the Newsam Centre (near to Seacroft Hospital) to deliver sports activities to service users as part of the NHS 'Recovery College' programme. This is a programme of activities and workshops for adults aged 18-65 who are currently undergoing hospital treatment for a range of mental health conditions. Click on the

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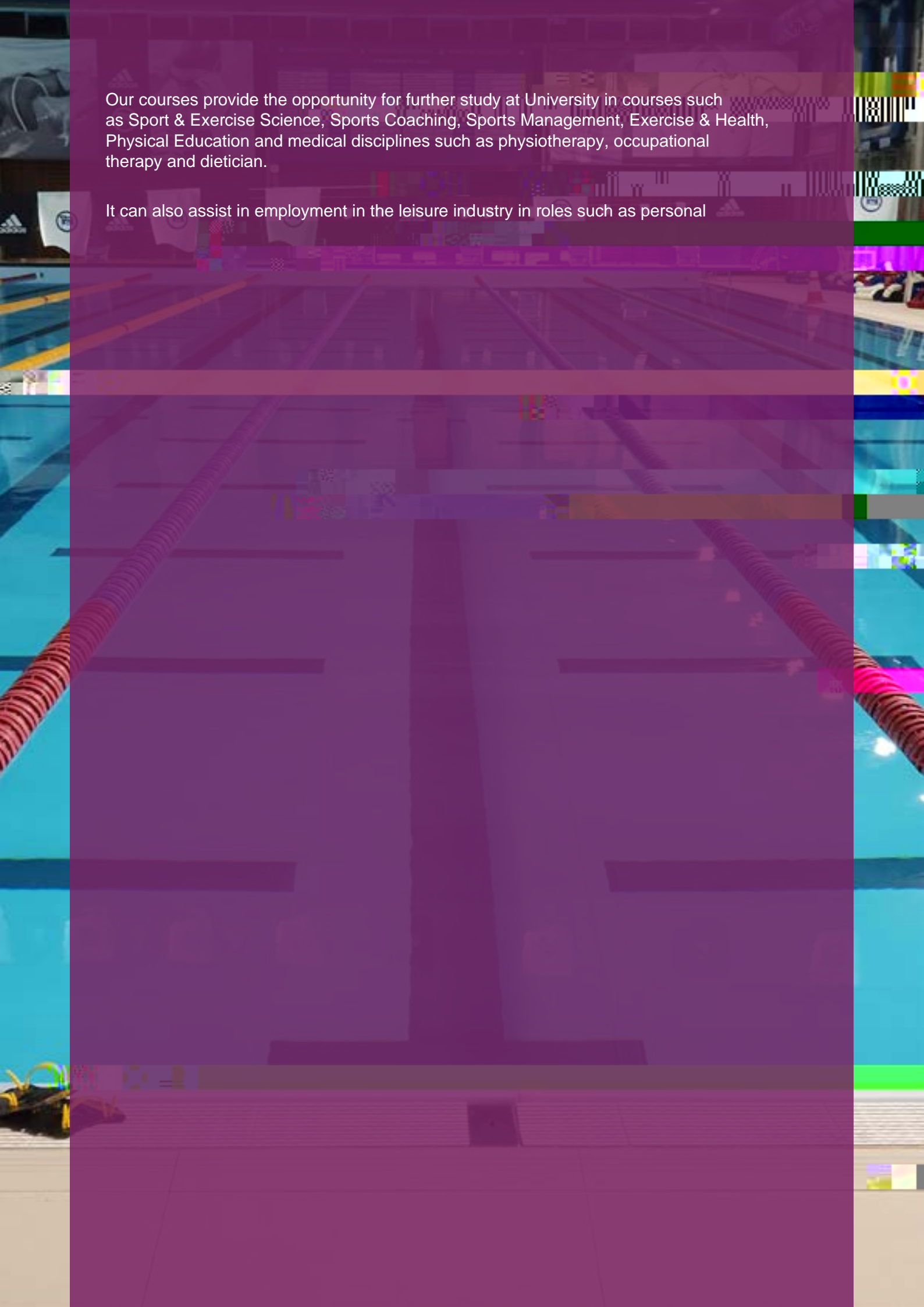
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What's the most transformative thing that you can do for your brain today? Exercise, says neuroscientist Wendy Suzuki. Get inspired to get active, as Suzuki discusses the science of how working out boosts your mood and memory, and protects your brain against neurodegenerative diseases like Alzheimer's. Click the image to watch the video!





Our courses provide the opportunity for further study at University in courses such as Sport & Exercise Science, Sports Coaching, Sports Management, Exercise & Health, Physical Education and medical disciplines such as physiotherapy, occupational therapy and dietician.

It can also assist in employment in the leisure industry in roles such as personal