

PSHE and Safeguarding

NEWSLETTER



Welcome to the PSHE and safeguarding WPT newsletter.



KS4 PSHE Providing more support for well-being and mental health

different groups. It is part of the PSHE way to promote equality and understanding.

values and protected characteristics. With specific lessons covering the following:

Y7 – Differences and aspirations

Exam Stress

this is from a reliable source. Youngminds of e e u eful ad ice and i s fo e o o

Why a young person may share nudes?

Additionally, sextortion can actually come from someone your child is in a relationship with. They

At the time of writing there is a significant spike in sextortion cases globally. This includes the

that this has happened then that is a massive first step.

Vaping Guidance

other substances.

understand what it is and what the risks are so you can talk to them about it. Most children and

themselves.

Vaping is inhaling vapour from an e-cigarette or 'vape'.

this liquid that is inhaled. You can get refillable vapes where you can fill it with different flavour liquids, or disposable vapes. These come in a variety of colours and flavours making them popular with young people.

ingredients. If you have never smoked, you shouldn't vape.

them.

substance:

To fit in. Many young people feel pressured to do what their friends are doing. Social status is seen as being very important to teenagers.

relationships. Nicotine can have a temporary calming effect.

what it's like.

Vaping has an extra appeal for children and young people because: They come in sweet smelling flavours and bright colours.

people to stop smoking.

easily hidden.

What are the risks of vaping for children and young people?

The short-term side effects of vaping include throat and mouth irritation, headache, cough and feeling sick.

The long-term effects of vaping are still unknown, they are still too new for there to have been proper research.

on to try more harmful cigarettes and drugs.

chromium.

How to talk to your child

someone using an e-cigarette.

them and why they use them. You might ask them if they've ever tried it.

they have to say.

about the facts.

can still be clear about how you feel.

If they feel pressured into vaping by friends, you can teach them helpful skills of being confident

Important school guidance

be passed to local services to offer support and to identify the source of the vapes- parents and carers will be notified.

DO NOT CARRY VAPES FOR OTHER PEOPLE

We have staff on duty before and after school. If a student is seen from the usual duty points by the duty staff, either holding or using a vape, parents will be notified.

Repeat offenders may be referred to local services.



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